

is this  
course for  
me?

# Clinical Skills Refresher Day

[www.etaltraining.co.uk](http://www.etaltraining.co.uk)

## To commission this training

This Clinical Skills Refresher Day can be delivered in your area, to enquire about commissioning this please contact us and we will be delighted to help [info@etaltraining.co.uk](mailto:info@etaltraining.co.uk)

## To attend this training

To see where this Clinical Skills Refresher Day is currently available, please go to the Study Day diary [www.etaltraining.co.uk](http://www.etaltraining.co.uk)

## Is this study day for you?

An interactive and informal study day designed for Nurse practitioners (NP) working in General practice. Initially highlighting key areas, which are new and specifically relevant to your everyday work.

Though you are trained as part of the practitioner's course this day offers the opportunity to revisit skills needed for a systems examination. The day will lead the group through each aspect of the system examination process and remind us of each skill involved with chance to practice.

The day will progress with clinical cases to stimulate discussion and highlight the need for careful consideration of the diagnosis and next steps.

## What is it about?

The course is run by experienced GPs who work closely with a large team of nurse practitioners and appreciate the role.

You will be given the opportunity to engage without pressure, practice your clinical examinations and ask those awkward questions you may feel you should know but would like to just confirm.

*“ I attended a recent, most excellent , teaching session with Dr Harris and Dr Khan (AKA Tiffany!) in Scarborough. I was keen to let you know of a subsequent consultation I had shortly afterwards.*

*I saw a youngish man who had a 4 month history of pain in his right scapula. It was getting worse despite analgesia. He was a smoker. The pain was very localised to the scapula. I sent him for a CXR, and he has a Pancoast tumour.*

*I would not have considered the need for x-ray quite so soon if it had not been a learning point from your presentation. Thank you, and keep up the good work! ”*

**Advanced Nurse Practitioner, Yorkshire**

*If you are thinking of commissioning training in your area we would love to chat through what we could do to help you achieve your training goals.*



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## What happens on the day?

**9-00 Registration - tea and coffee on arrival**

**9-30 Introductions and house keeping**

**9-35 What's new in the world of Nurse Practitioners:  
Clinical Updates and safety tips on prescribing**

**10-00 Cancer Red Flags and clinical cases Is it or isn't it?**

**10-45 Tea and coffee**

**11-00 What not to miss in your patients - practical stations**  
Subtle but serious signs and symptoms that might  
save your patients life.

Practical stations - Hands on

**12-45 Lunch**

**13-45 Dermatology Update - lots of pictures and  
clinical cases**

Interactive Clinical Cases to place the clinical skills  
in context

Practical stations hands on

**16-30 Close and evaluate**

## What's the Result?

At the end of the day  
delegates will

- Be aware of the latest national issues to impact on everyday practice
- Be refreshed on Cancer Red Flags
- Be refreshed on dermatology diagnoses
- Be refreshed on history taking and clinical examination

"The day was brilliant, we had fun and learned loads. Your innovative approach was very relaxing and staff were willing to take part and engage with you which is always excellent."



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**Et al Training**  
putting the pieces together